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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, July 26, 2025

Bodies of Consciousness

Explain causal body, buddhic body, atmic body, monadic body, logoic body, soul as golden being, monad as clear diamond brilliant radiant star

These terms originate from Theosophy, esoteric philosophy, and various spiritual and metaphysical systems (including some influenced by Blavatsky, Alice Bailey, Rudolf Steiner, and Eastern mystical traditions). They describe non-physical layers of consciousness or bodies that correspond to different planes of existence and spiritual evolution.

Here's an overview of each term:

1. Causal Body

Plane: Higher Mental Plane (abstract mind)

Function: Seat of the soul or higher mind; stores experiences from each lifetime (karma and virtues).

Description:

Also called the body of causes.

It persists between lifetimes and houses the individual's essence — the higher self.

Symbolized as an egg-shaped golden aura around the soul.

2. Buddhic Body

Plane: Buddhic Plane (Intuitional plane)

Function: Vehicle of pure intuition, unity consciousness, and direct spiritual insight.

Description:

Beyond reason and logic.

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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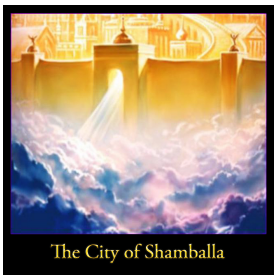

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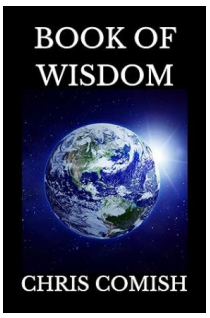

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When active, a person experiences oneness with all life and a deep sense of compassion.

It's the realm of unitive love-wisdom.

Symbolically luminous and radiant, often associated with the Christ consciousness in some traditions.

3. Atmic Body

Plane: Atmic Plane (Spiritual will)

Function: Vehicle of divine will, spiritual direction, and purpose.

Description:

This body gives access to the divine will or purpose behind all existence.

It represents spiritual power and inner truth.

Associated with individualized spirit acting in alignment with the cosmic plan.

4. Monadic Body

Plane: Monadic Plane (2nd plane from the top)

Function: The true spiritual self, the individualized divine spark.

Description:

Represents the Monad, or divine spirit — a direct emanation from the Divine Source (the Logos).

Beyond individuality as we know it; it is the eternal identity.

Few beings are aware of this level while incarnate.

5. Logoic Body

Plane: Logoic or Divine Plane (1st or highest cosmic plane)

Function: The body of the Logos, or divine universal being.

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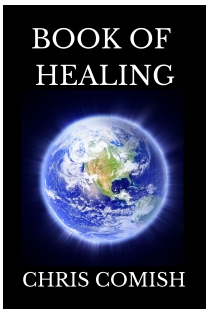

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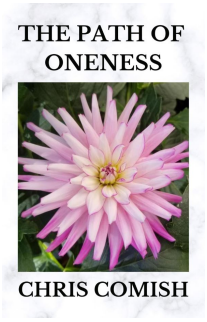

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Description:

This is not an individual body but a universal consciousness body.

Represents the One Life, the source of all monads, and the root of all creation.

To reach this is to become fully merged with divine unity — often called God-consciousness.

6. Soul as a Golden Being

Meaning:

The Soul, also called the Higher Self, is often visualized as a radiant golden being.

This symbolizes wisdom, illumination, divine love, and the accumulated essence of lifetimes.

It exists on the causal plane, guiding the incarnated personality through the intuition and conscience.

Gold is used to symbolize its divine value, incorruptibility, and purity of purpose.

7. Monad as a Clear Diamond, Brilliant Radiant Star

Meaning:

The Monad is the divine spark — your true self beyond soul and personality.

Described as a clear diamond to symbolize:

Clarity

Purity

Indestructibility

Faceted brilliance (multi-dimensional consciousness)

The radiant star reflects its divine light, radiating through all layers down to the physical.

It is beyond individuality — your essence as God created you, part of the One.

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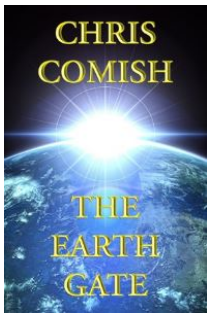

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Visual Summary (From lowest to highest):

Physical body

Etheric body (energy body)

Astral body (emotional)

Mental body (concrete thinking)

Causal body (soul body – golden)

Buddhic body (intuition – unity)

Atmic body (spiritual will)

Monadic body (divine spark – radiant diamond/star)

Logoic body (God-consciousness – total unity)

- July 26, 2025

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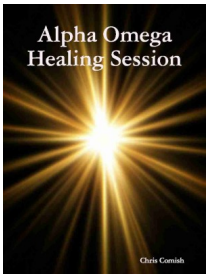

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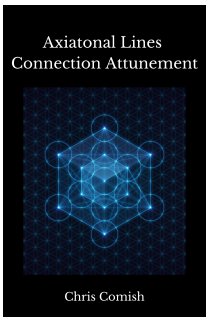

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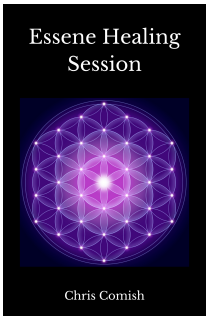

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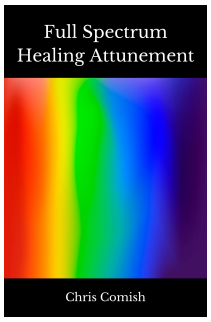

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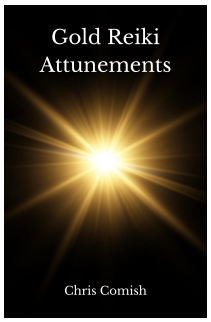

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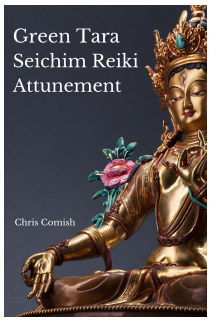

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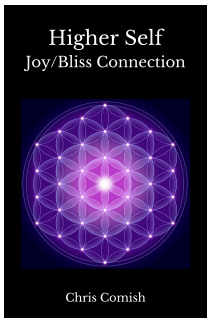

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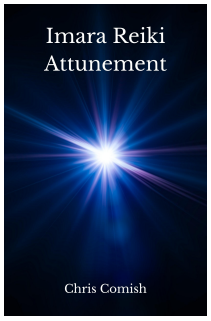

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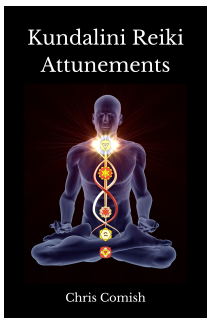

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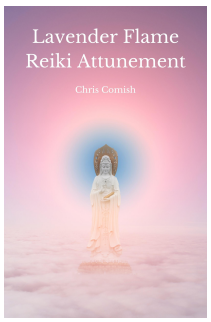

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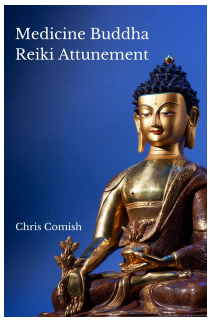

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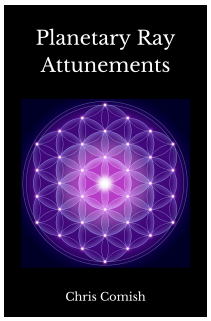

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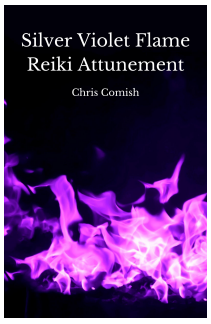

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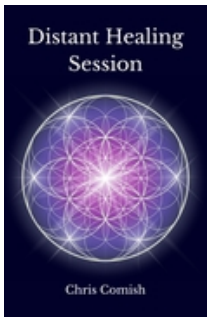

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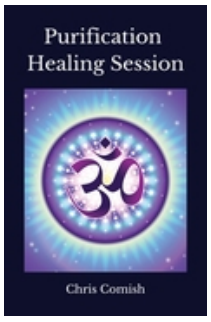

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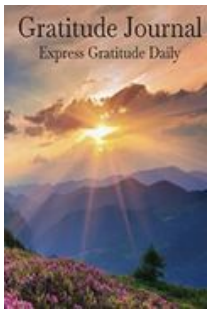

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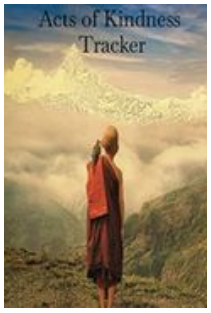

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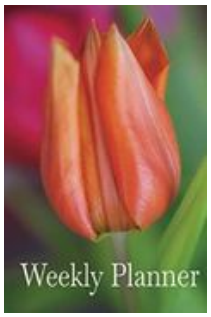

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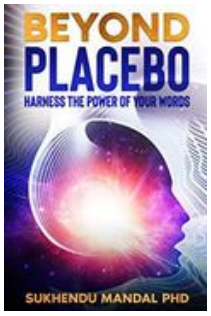

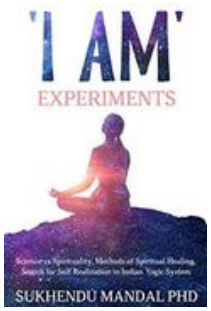

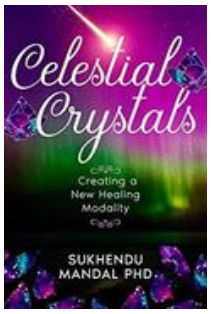

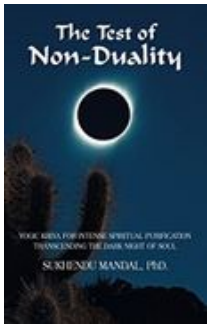

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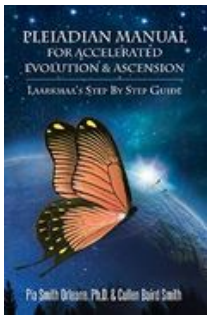

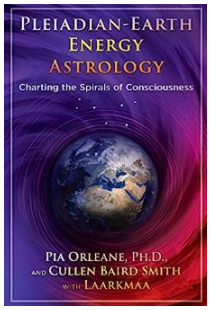
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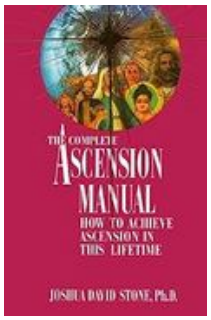
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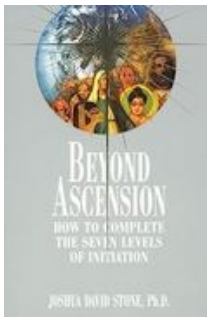
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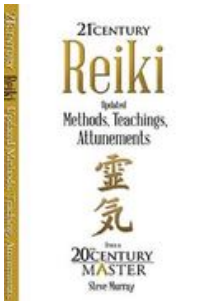
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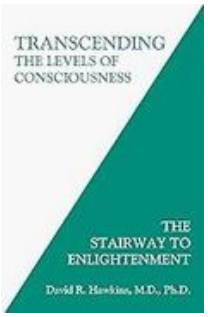
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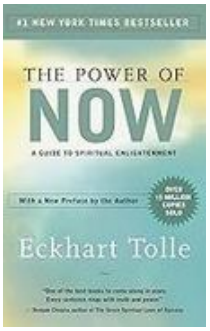
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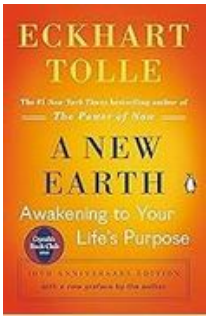
Eckhart Tolle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Awakening to Your
Life's Purpose

The
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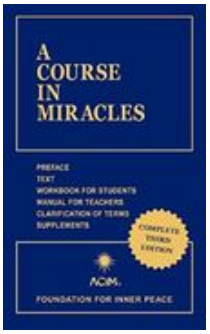
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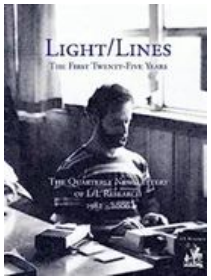
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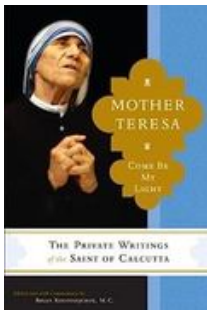
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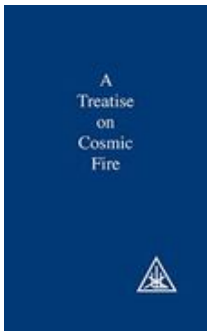
Initiation
Human and Solar


A
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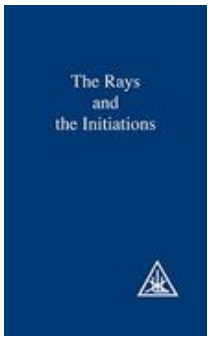
The Rays
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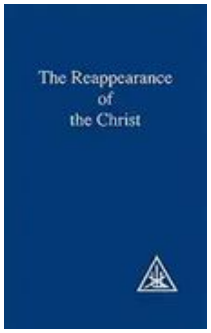
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The
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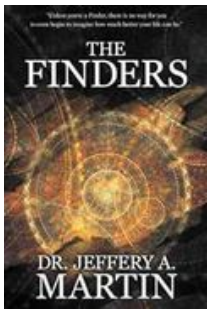
Hierarchy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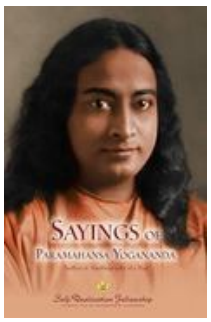
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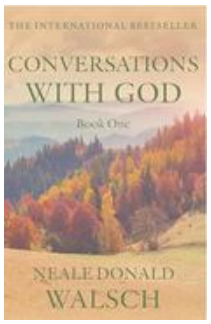
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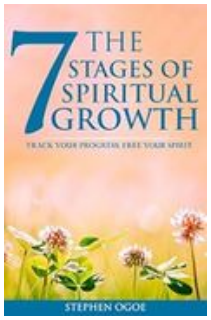
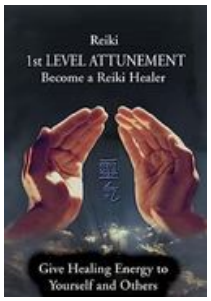
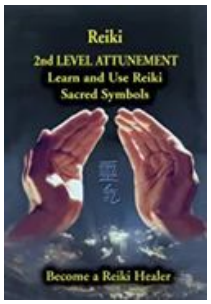
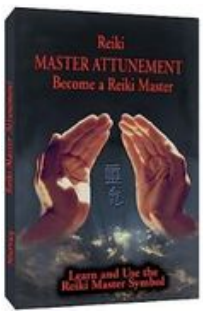
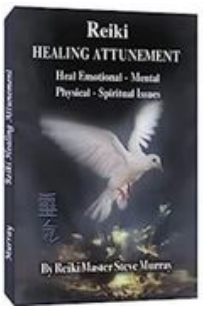


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Message to the Disciples

3 books by Chris Comish

Distant Healing Network

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